

Sepsis-associated acute kidney injury: consensus report of the 28th Acute Disease Quality Initiative workgroup

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Abstract

Sepsis-associated acute kidney injury (SA-AKI) is common in critically ill patients and is strongly associated with adverse outcomes, including an increased risk of chronic kidney disease, cardiovascular events and death. The pathophysiology of SA-AKI remains elusive, although microcirculatory dysfunction, cellular metabolic reprogramming and dysregulated inflammatory responses have been implicated in preclinical studies. SA-AKI is best defined as the occurrence of AKI within 7 days of sepsis onset (diagnosed according to Kidney Disease Improving Global Outcome criteria and Sepsis 3 criteria, respectively). Improving outcomes in SA-AKI is challenging, as patients can present with either clinical or subclinical AKI. Early identification of patients at risk of AKI, or at risk of progressing to severe and/or persistent AKI, is crucial to the timely initiation of adequate supportive measures, including limiting further insults to the kidney. Accordingly, the discovery of biomarkers associated with AKI that can aid in early diagnosis is an area of intensive investigation. Additionally, high-quality evidence on best-practice care of patients with AKI, sepsis and SA-AKI has continued to accrue. Although specific therapeutic options are limited, several clinical trials have evaluated the use of care bundles and extracorporeal techniques as potential therapeutic approaches. Here we provide graded recommendations for managing SA-AKI and highlight priorities for future research.

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Introduction

Sepsis is characterized by a dysregulated host response to infection that leads to life-threatening organ dysfunction, commonly including acute kidney injury (AKI)¹. Sepsis accounts for 45–70% of all cases of AKI among critically ill patients^{2,3}. Sepsis-associated AKI (SA-AKI) portends a worse prognosis than either syndrome in isolation^{3,4} and is associated with longer intensive care unit (ICU) and hospital stays, higher mortality, increased rate of long-term disability and reduced quality of life in adult and paediatric populations^{5–9}. AKI associated with sepsis can present with different phenotypes and prognoses^{10,11}. Many aspects of SA-AKI remain poorly described, especially in the paediatric population, including its clinical definition, epidemiology, pathophysiology, impact of resuscitative and fluid strategies, role of biomarkers in risk stratification, diagnosis, and treatment guidance, and the effect of extracorporeal and novel therapies on patient outcomes. The 28th Acute Disease and Quality Initiative (ADQI) was aimed at identifying these knowledge gaps in both the adult and the paediatric populations, propose definitions, develop a common framework for further research in this important area, and provide recommendations for clinical practice.

Methods

The Conference Chairs of the 28th ADQI consensus committee (L.G.F., A.Z., M.K.N. and C.R.) convened a diverse panel of adult and paediatric clinicians and researchers representing relevant disciplines – critical-care medicine, anaesthesiology, nephrology and pharmacology – from Europe, North and South America, and Australia, to discuss SA-AKI. The conference was held over 2.5 days in Vicenza, Italy, on 17–19 June 2022. This consensus meeting followed the established ADQI process and

used a modified Delphi method to achieve consensus, as previously described^{12,13}. Briefly, the ADQI approach uses methods that involve a combination of both expert panel and evidence appraisal, and this approach was chosen to achieve the best of both options. Each ADQI conference is divided into three phases: pre-conference, conference, and post-conference. In the pre-conference phase, the groups that are assigned to specific topics identify a list of key questions, conduct a systematic literature search, and generate a bibliography of key studies. Studies are identified via Medline search and bibliographies of review articles; searches are generally limited to articles written in English. The conference itself is divided into breakout sessions, where workgroups address the issues in their assigned topic area, and plenary sessions, where their findings are presented, debated and refined. This approach has led to important practice guidelines with wide acceptance and adoption into clinical practice. If further research is needed, the ADQI group proposes research questions that should be addressed in the future to facilitate advances in the field. Conference participants were divided into five working groups to discuss the epidemiology and definition of SA-AKI; the pathophysiology of SA-AKI and novel underlying mechanisms; the use of fluids and resuscitative strategies to treat SA-AKI; the use of biomarkers for aiding diagnosis and guiding therapy, and in the design of clinical trials; and the use of extracorporeal treatments and novel therapies. Members of the five workgroups reviewed the literature systematically and, where possible, developed a consensus that was backed by evidence, and proposed a research agenda to address important unanswered questions. In addition, the members were asked to note the level of evidence for all consensus statements using the Grades of Recommendation Assessment, Development and Evaluation system¹⁴. In several cycles of presentations, feedback and adjustments, all of the individual workgroups presented their output to conference participants. The final output was then assessed and aggregated in a session attended by all attendees, who formally voted and approved the consensus recommendations.

Box 1

Definition and epidemiology of SA-AKI

Consensus statement 1a

We propose that sepsis-associated acute kidney injury (SA-AKI) be characterized by the presence of both consensus sepsis criteria (as defined by Sepsis-3 recommendations) and AKI criteria (as defined by Kidney Disease: Improving Global Outcomes recommendations) when AKI occurs within 7 days from diagnosis of sepsis (not graded).

Consensus statement 1b

We suggest that sepsis-induced AKI should be considered a subphenotype of SA-AKI in which sepsis is the predominant driver of tissue damage (not graded).

Consensus statement 1c

We suggest that AKI diagnosed within 48 h of the diagnosis of sepsis be defined as early SA-AKI, whereas AKI occurring between 48 h and 7 days of sepsis diagnosis be classified as late SA-AKI (not graded).

Consensus statement 1d

The epidemiology of SA-AKI varies and depends on the patient population and the criteria used to define AKI and sepsis (not graded).

Definition and epidemiology of SA-AKI

Definition of SA-AKI and sepsis-induced AKI

Currently, no universally accepted definition of SA-AKI exists¹⁵. To support clinical guidelines, quality improvement initiatives, and future research, we propose that the presence of both sepsis (as currently defined in adults by the Sepsis-3 criteria) and AKI (as presently defined by the Kidney Disease: Improving Global Outcomes (KDIGO) criteria) should define SA-AKI^{1,16} (Box 1). SA-AKI is a heterogeneous syndrome that occurs as the consequence of either direct mechanisms related to infection or the host response to infection, or indirect mechanisms driven by unwanted sequelae of sepsis or sepsis therapies¹⁷. As such, the term SA-AKI operationally unifies the presence of AKI (according to clinical, biochemical and functional criteria) in the context of sepsis as a specific disease phenotype that is characterized by a specific trajectory and outcome^{18,19}.

Sepsis-induced AKI (SI-AKI) can be considered to be a subphenotype of SA-AKI, in which sepsis-induced mechanisms drive kidney damage directly. Thus, by definition, SI-AKI excludes injury that primarily develops as the indirect consequence of sepsis or sepsis therapies (for example, AKI caused by antimicrobial agent-induced nephrotoxicity or abdominal compartment syndrome)^{20,21}. Importantly, mechanisms that underlie cellular and organ injury in ischaemic AKI or nephrotoxic AKI, such as microcirculation failure, inflammation and mitochondrial injury, might also contribute to SI-AKI. The limited availability of clinical tools such as biomarkers that can aid early identification complicate

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the distinction between SI-AKI and other causes of SA-AKI. Of note, although the development of AKI is associated with an increased risk of infection, this definition intentionally excludes sepsis following an AKI event, as the aetiology is likely different from that of SA-AKI.

To capture the temporal relationship between the two conditions, SA-AKI should be considered when AKI occurs within 7 days of sepsis diagnosis, and can be further differentiated into early (AKI occurs up to 48 h after sepsis diagnosis) or late SA-AKI (AKI occurs between 48 h and 7 days of sepsis diagnosis), to align with current AKI criteria (Box 1). The rationale for the proposed 7-day window in the definition of SA-AKI is based on the observation that, in most cases of sepsis, AKI occurs within a few days of sepsis onset and consensus was that AKI occurring after this timeframe was probably not directly related to the initial septic insult. The rationale for establishing a separation between early and late presentation is based on the observation that the development of AKI late in the course of sepsis is associated with worse clinical outcomes and increased mortality compared with early AKI development²². Distinguishing early versus late SA-AKI might improve phenotyping for targeted assessments and management, as patients with sepsis that is untreated or early in the course of treatment are more likely to have SI-AKI, whereas in patients who have received sepsis-related interventions, other factors might have also contributed to AKI development.

Epidemiology of SA-AKI

Sepsis and AKI are common in the setting of critical illness, with 25–75% of all AKI being associated with sepsis or septic shock globally^{23–27}. The epidemiology of SA-AKI is highly variable owing to the lack of a standardized definition for SA-AKI, the loose implementation of standardized nomenclature for sepsis and AKI, the diversity of clinical settings and patient populations, and the inconsistent reporting of relevant outcomes (Supplementary Table 1). A 2020 systematic review of observational studies in SA-AKI illustrates these challenges in describing SA-AKI epidemiology¹⁵. Of the 47 studies identified, four definitions of sepsis and three definitions of AKI were used. Several studies did not report sepsis criteria, and only a few included the urine output criteria to define AKI or reported the timing of AKI relative to the onset of sepsis. Moreover, the patient populations were considerably heterogeneous, with varying incidence of sepsis, severe sepsis and/or septic shock, as well as differences in the clinical settings, which included the emergency department, medical, surgical and general ICUs, and medical wards (Box 1). The study also identified several risk factors for SA-AKI¹⁵ which included the presence of septic shock, the use of vasopressors and mechanical ventilation, Gram-negative bacteraemia, use of renin–angiotensin–aldosterone system inhibitors, presence of chronic liver disease and chronic kidney disease (CKD), pre-existent hypertension and diabetes, and smoking. The reported incidence of SA-AKI ranged from 14–87% and the association with mortality (including ICU mortality, hospital mortality, 28-day and 90-day mortality) was also highly variable, ranging from 11 to 77%.

Research questions

1. What is the epidemiology of SA-AKI based on the proposed definition?
2. What is the epidemiology and the clinically relevant time frame for early versus late SA-AKI?
3. What are the aetiology, incidence and severity, risk factors, and renal and non-renal outcomes of both SA-AKI and SI-AKI?
4. How can the proposed definition of SA-AKI be operationalized in electronic health records?

Box 2

Pathophysiology of SA-AKI

Consensus statement 2a

Sepsis-associated acute kidney injury (SA-AKI) is a heterogeneous syndrome as multiple mechanisms contribute to injury with varying intensity between and within patients across the course of sepsis (not graded).

Consensus statement 2b

The relative contribution of one or more specific mechanisms that lead to injury defines distinct sepsis-induced AKI endotypes (not graded).

Consensus statement 2c

Modifiable and non-modifiable factors confer susceptibility to SA-AKI and determine the severity of AKI as well as the trajectory of recovery (not graded).

Consensus statement 2d

Integrating mechanism-specific biomarkers with clinical information will enable the identification of specific endotypes of SA-AKI (not graded).

Consensus statement 2e

Identifying distinct endotypes of SA-AKI might provide crucial prognostic information, help to define treatment responsiveness and enrich clinical trial populations (not graded).

Pathophysiology of SA-AKI and novel mechanisms Mechanisms underlying the development of SA-AKI

Depending on the interaction between genotype and exposures, SA-AKI can lead to a variety of clinical phenotypes (that is, observable disease characteristics) and sub-phenotypes. Moreover, multiple pathophysiological mechanisms of injury (that is, the disease endotype) might underlie the same disease phenotype^{18,19} (Box 2). This heterogeneity complicates the assessment of therapeutic efficacy in clinical trials of sepsis interventions, as different therapies might only be beneficial in the treatment of specific disease endotypes. Importantly, multiple pathophysiological mechanisms might simultaneously lead to AKI in an individual patient with sepsis. Therefore, the ability to identify the specific SA-AKI endotypes will be crucial to the development of effective therapies. Multiple mechanisms can contribute to injury in SA-AKI (Box 2), including systemic and renal inflammation, complement activation, RAAS dysregulation, mitochondrial dysfunction, metabolic reprogramming, microcirculatory dysfunction and macrocirculatory abnormalities (Fig. 1). Several additional processes might indirectly contribute to SA-AKI, such as exposure to nephrotoxic drugs, hyperchloraemia and abdominal compartment syndrome. Of note, some of these mechanisms might have temporal association with the onset and treatment of sepsis. The ability to recognize and link endotypes, subphenotypes and phenotypes therefore represents a major future research focus^{10,28,29}. The biological and clinical characterization of endotypes and of the interactions between endotypes and

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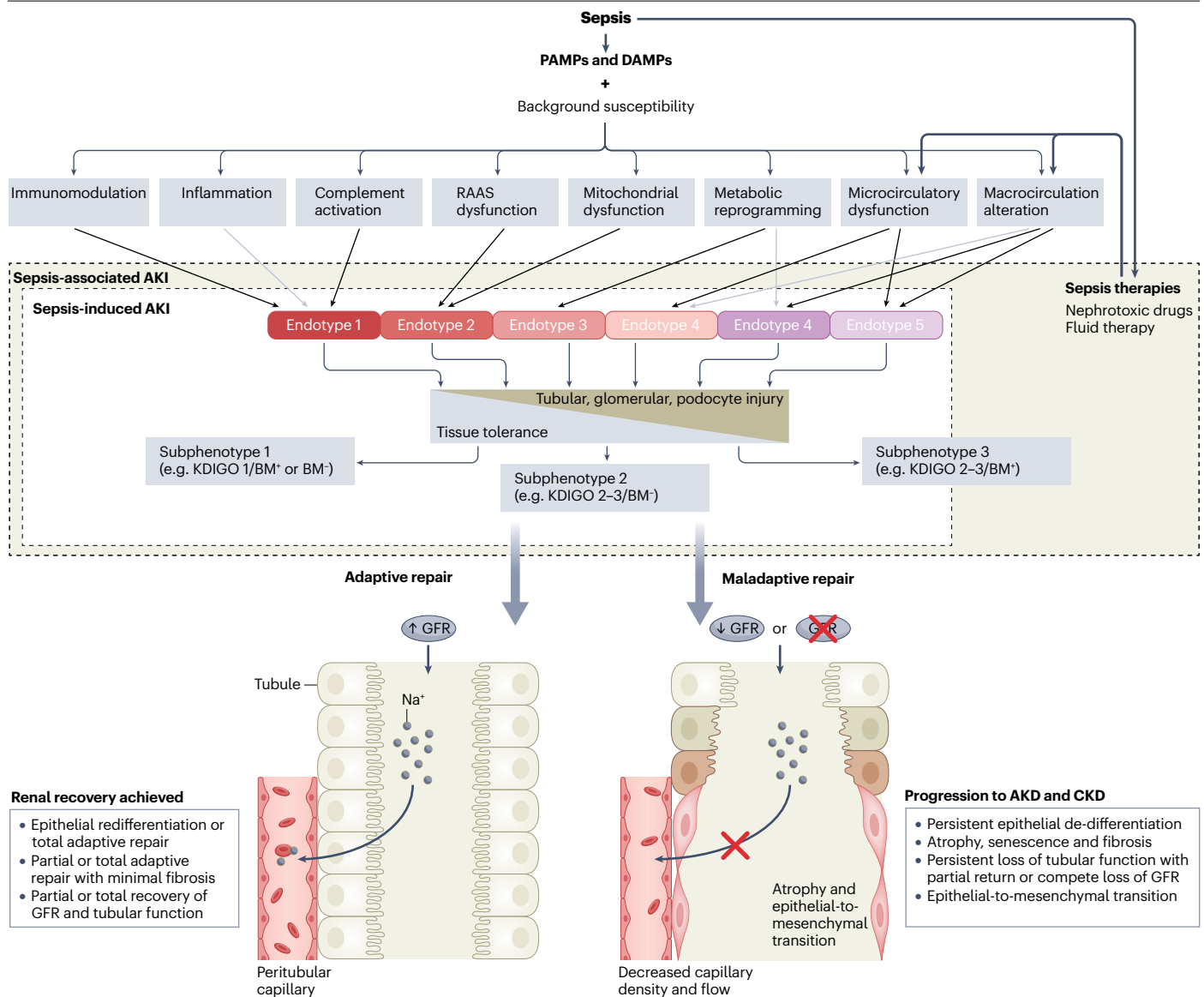


Fig. 1 | Pathophysiology of SA-AKI. The release of pathogen-associated molecular patterns (PAMPs), such as lipopolysaccharide, and of damage-associated molecular patterns (DAMPs) from injured cells and tissues can lead to the dysregulated activation of the immune system that characterizes sepsis. Background susceptibility to tissue and organ injury varies across individuals, according to non-modifiable factors such as comorbidities, current lifestyle choices (for example, smoking), genetic variants (for example, single nucleotide polymorphisms), premorbid comorbidities and medication use (for example, the use of renin-angiotensin-aldosterone system (RAAS) inhibitors for blood pressure control), and modifiable factors such as the use of vasopressors, mechanical ventilation or the presence of bacteraemia. The pathways induced in response to sepsis (or sepsis therapies) are modulated by background susceptibility and determine the endotype-defining pathophysiological mechanisms that underlie acute kidney injury (AKI) in patients with sepsis. The combination of different disease mechanisms can therefore result in a variety of disease endotypes. Sepsis-associated AKI (SA-AKI) includes cases of sepsis-induced AKI, whereby the response to sepsis causes kidney injury directly, as well as cases in which other sepsis-associated factors (such as therapeutic

interventions) indirectly contribute to AKI. For example, very high doses of norepinephrine can decrease microvascular blood flow and exacerbate the microvascular dysfunction induced by sepsis. Several tissue tolerance mechanisms, such as the activation of haem-oxygenase 1 or mitochondrial autophagy (that is, mitophagy), can protect cells and tissues from injury caused by PAMPs and DAMPs. Importantly, the disease phenotypes observed in the clinic (for example, sub-phenotypes 1–3) reflect a complex interplay between background susceptibility, disease endotypes and tolerance capacity. Consequently, phenotypes cannot be directly traced to a specific disease mechanism or endotype, and therefore clinical subphenotyping of patients with sepsis might not be sufficient to identify relevant therapeutic targets. The figure is a simplified representation of these complex interactions but also illustrates a roadmap for investigating mechanism-specific biomarkers that can identify whether specific endotypes and tolerance mechanisms are operational, thereby enabling the development and assessment of mechanism-specific therapies. BM, biomarker; AKD, acute kidney disease; CKD, chronic kidney disease; GFR, glomerular filtration rate; KDIGO, Kidney Disease Improving Global Outcomes.

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sepsis-related treatments will be the key to refining the definitions of SI-AKI and SA-AKI set forth in this manuscript.

Determinants of susceptibility and recovery trajectory

Several modifiable and non-modifiable factors affect susceptibility to AKI and disease severity in patients with sepsis. As discussed earlier, a 2020 meta-analysis identified ten clinical risk factors with prognostic value¹⁵. Although useful for risk stratification, such clinical factors only partly explain an individual's susceptibility to developing SA-AKI and do not consider susceptibility within the conceptual framework of different SA-AKI endotypes.

Genetic and epigenetic variability, as well as the interplay between resistance and tolerance mechanisms during sepsis, have been recognized as potential key factors underlying individual susceptibility (Box 2). In patients with sepsis, single nucleotide polymorphisms (SNPs) in genes involved in both inflammatory (*TNF*, *IL6* and *IL10*)^{30–33} and vascular (*VEGF*)³⁴ pathways have been implicated in the development of AKI^{35,36}. However, study results have been inconsistent and three independent systematic reviews did not find a clear link between specific genetic variants and AKI risk in patients with sepsis^{37–39}. Epigenetic control of gene expression is mediated by enzymatic DNA methylation or histone modification without changes in the genetic code. This type of control has been implicated in the induction of cross-tolerance in immune cells and kidney tubular epithelial cells, whereby innate and adaptive immune responses to a subsequent insult are attenuated^{40–43}. However, exposure to sublethal ischaemic or toxic AKI can also be followed by a local hyper-inflammatory response in animals subsequently challenged with lipopolysaccharide or lipoteichoic acid^{44,45}. This 'biological memory' and the capacity to reprogram future responses is probably induced by epigenetic mechanisms, whereby histone-modifying enzymes enhance the expression rate of inflammatory genes^{45–47}. The influence of a previous insult on the response to a second insult are likely dependent on both the extent of the initial insult and the timing in relation to the initial event. Resistance and tolerance capacity (not to be confused with cross-tolerance described above) might explain an individual's susceptibility to SA-AKI. Resistance capacity refers to the ability of the immune system to control or eliminate the microbial burden, whereas tolerance capacity has a critical role in sepsis because it reflects the ability of a cell, tissue, or organ to attenuate its susceptibility to injury during infection^{48,49}. Tolerance mechanisms protect the host from the potential harm associated with resistance mechanisms. Several protective tolerance mechanisms against AKI have been identified including in preclinical models of malaria^{50,51}, viral and bacterial sepsis^{52–54}, ischaemia–reperfusion injury, and nephrotoxicity^{50–54}. Tolerance mechanisms seem to be specific to the type of insult or infection and are thus not entirely generalizable. For instance, starvation protects from tissue injury and death in rodents with bacterial sepsis but worsens outcomes in viral sepsis⁵⁵.

Similar to individual susceptibility to AKI, the trajectory of post-AKI recovery – determined by adaptive or maladaptive repair processes – is influenced not only by genetic variation, but also injury severity, recurrent insults, and the presence of underlying CKD. Within the nephron, adaptive repair involves the proliferation and re-differentiation of tubular epithelial cells, as well as the repair and regeneration of endothelial cells. By contrast, maladaptive repair manifests as tubular atrophy and dilation⁵⁶, expansion of interstitial fibroblasts and myofibroblasts⁵⁷, endothelial-to-mesenchymal transition and a reduction in peritubular capillary density^{58,59}. Together, these maladaptive processes culminate in interstitial fibrosis, tissue hypoxia, increased

oxidative stress and accelerated senescence⁵⁶. Progressive fibrosis is followed by loss of functional renal reserve, glomerular hypertension and the development of CKD⁶⁰.

SA-AKI mechanisms and novel therapeutic targets

As mentioned above, many clinical studies have attempted to investigate the benefit of therapeutic interventions in unselected patient populations, which might have reduced therapeutic efficacy signals and led to negative results. The framework proposed in this consensus statement advocates for a strategic shift in randomized controlled trial (RCT) design, whereby the deployment of any therapeutic strategy is targeted to subgroups of patients defined according to disease likelihood endotypes or therapy-responsive subphenotypes to enhance the possibility of discovering effective therapies. In addition, endotyping and subphenotyping will provide a platform to better understand the interaction between pathogenic mechanisms induced by sepsis directly or by sepsis-related factors (for example, nephrotoxins or complications such as abdominal compartment syndrome). Moreover, this granular approach will help to define the relationship between pathogenic mechanisms and time, and the therapeutic potential of different interventions in early and late SA-AKI or SI-AKI (Box 2).

Several interventions that modulate pathogenic processes involved in SA-AKI have been tested. For example, anti-inflammatory agents were not found to be beneficial but post hoc analyses demonstrated that dexamethasone was associated with a reduced need for kidney replacement therapy (KRT) in patients with sepsis⁶¹. A phase II trial showed long-term kidney benefit and lower mortality in patients who received the anti-inflammatory recombinant alkaline phosphatase (NCT04411472)⁶². With regard to haemodynamics and oxygen delivery, studies using angiotensin 2 (ref. ⁶³) (ASK-IT trial, NCT00711789) and levosimendan^{64,65} suggest that these agents might protect the kidneys. Of note, although mitochondrial dysfunction is a feature of SA-AKI, no compounds targeting this impairment are in the clinical development phase thus far. Interventions related to cellular repair and fibrosis, including mesenchymal stem cell therapy⁶⁶, protein-7 agonist⁶⁷ and mimetics of hepatocyte growth factor⁶⁸, have been studied but not yet found to decrease the incidence or severity of AKI.

Research questions

1. How can we validate mechanisms recognized in preclinical models in the clinical setting?
2. How can we identify distinct endotypes of SA-AKI?
3. How can we leverage molecular diagnostic technologies to identify novel therapeutic targets?
4. How can we match distinct endotypes of SI-AKI to targeted therapies?
5. How can we optimize the delivery of novel therapies to maximize efficacy within the kidney while minimizing remote toxicity?
6. What is the role of damage and systemic markers of sepsis in defining the mechanism and time course of SA-AKI and its endotypes?

Fluid and resuscitation therapy

Goals of fluid management in SA-AKI

Restoring intravascular volume through redistribution of fluid is a therapeutic target in sepsis to sustain adequate perfusion and tissue oxygen delivery. Together with source control and treatment with antimicrobials, the administration of fluids and vasopressors are key management strategies in SA-AKI. The main goal of fluid administration is to increase

Box 3

Fluid management in SA-AKI

Consensus statement 3a

In patients with sepsis-associated acute kidney injury (SA-AKI), haemodynamic management should be similar to that recommended by the Surviving Sepsis Guidelines⁶⁹ (grade 2C).

Consensus statement 3b

The significance of central venous pressure as a marker of congestion in SA-AKI is uncertain, although a high central venous pressure has been associated with AKI. Therefore, we suggest using measures of fluid status assessment and fluid responsiveness to assess the need for fluid administration (grade 1C).

Consensus statement 3c

We recommend daily and cumulative fluid balance monitoring (grade 1C) with concurrent, non-kidney organ dysfunction to inform fluid management strategy in SA-AKI (grade 2C).

Consensus statement 3d

We recommend that the amount of fluid administered in SA-AKI be targeted to specific endpoints (grade 1B).

Consensus statement 3e

We recommend that fluid protocols and frequency of monitoring urine output and kidney function consider the severity and rate of progression of AKI (grade 1C).

Consensus statement 3f

We recommend that the choice of fluids be informed by the need to correct patient acid–base and electrolyte imbalances (grade 1C).

Consensus statement 3g

We suggest that balanced solutions and 0.9% saline be used for resuscitation based on the biochemical profile of individual patients while their biochemical effects are closely monitored (grade 2B).

Consensus statement 3h

Albumin and bicarbonate might be of benefit in SA-AKI (grade 1C), but we recommend against the use of starch, gelatin and dextran (grade 1A).

Consensus statement 3i

We recommend the administration of vasopressors, inotropes, and diuretics based on haemodynamic assessments, phase of sepsis, and the severity of AKI (grade 1B).

Consensus statement 3j

We recommend that norepinephrine be used as the first-line vasopressor for sepsis with organ dysfunction (grade 1A).

Consensus statement 3k

We suggest that combining vasopressors with volume administration might have a net fluid-sparing effect (grade 1C).

Consensus statement 3l

We recommend the use of diuretics in patients with fluid overload (grade 1C).

Consensus statement 3m

We suggest that some subtypes of SA-AKI might benefit from the use of specific vasopressors (for example, vasopressin or angiotensin 2) (grade 2B).

preload and cardiac output to maintain adequate oxygen delivery to vital organs. The haemodynamic targets for SA-AKI should be consistent with those outlined in the Surviving Sepsis Campaign Guidelines 2021 and our previous report on haemodynamics for monitoring fluid therapy from the 12th ADQI Consensus Conference^{69,70} (Box 3). The utility of central venous pressure (CVP) as a haemodynamic indicator in SA-AKI is unclear and, although a high CVP might reflect congestion in the capacitance vessels^{71,72}, CVP correlates only moderately with overall volume status, given that CVP is also influenced by right ventricular function⁷³. Assessment of fluid status and response to fluid administration (that is, fluid responsiveness) should be undertaken to prevent under- or over-hydration. Urine output should be closely monitored but should not be used to guide fluid therapy in patients with SA-AKI. Measurement of intra-abdominal pressure can be useful in patients at risk of AKI. Daily and cumulative fluid balance should inform fluid management in patients with SA-AKI, as many studies have shown that fluid overload in critically ill patients is associated with excess mortality^{74,75}. Assessment of fluid responsiveness should include clinical perfusion markers, and advanced haemodynamic monitoring, invasive or non-invasive, where available, should be considered⁷⁶.

Of note, the rate and duration of intravascular volume expansion following fluid administration are crucial given the role of the endothelial glycocalyx layer in vascular permeability where injury to this layer might lead to increased rates of fluid loss from the intravascular into the extravascular space and further fluid administration could cause fluid overload^{77–79}.

Role of fluid protocols for the treatment of SA-AKI

Given the need to manage fluid volume, composition and distribution concurrently with AKI and sepsis of varying severity, the potential for toxicity from fluid therapy is substantial. The fluid management goals can be protocolized, utilizing the type, rate and duration of fluid delivery to target the interdependent relationship between sepsis and AKI (Box 3). Early and late SA-AKI might require different treatment protocols. Whereas haemodynamic stabilization is a priority in early SA-AKI, targeting fluid overload might be more relevant in late SA-AKI. The ongoing CLOVERS trial and ARISE FLUIDS observational study are expected to provide additional evidence in this field^{80,81}. The use of fluid-restrictive protocols is feasible in SA-AKI, but a beneficial effect has not yet been demonstrated. The REVERSE-AKI trial, suggested that

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restricted daily fluid intake, aiming for a negative daily fluid balance with unrestricted use of diuretics was associated with reduced use of KRT compared with usual care. However, only ~50% of participants with AKI also had sepsis⁸². The recently published CLASSIC trial found that intravenous fluid restriction after initial fluid resuscitation was not superior to liberal fluid management with regard to kidney outcomes in adult patients with septic shock in the ICU⁸³. As described previously at the 12th ADQI conference, the four phases of intravenous fluid therapy – resuscitation, optimization, stabilization and de-escalation – form an appropriate conceptual framework for tailoring fluid therapy to the individual patient context⁷⁰. Although (balanced) crystalloids are often used, the recent BaSICS and PLUS trials and meta-analysis found no clinical benefit of balanced solutions over the use of 0.9% saline solutions^{84–87}. The SMART trial reported that the use of balanced crystalloids significantly decreased major adverse kidney events at day 90 (MAKE₉₀) and a composite end point (death, KRT, or persistent kidney dysfunction) compared saline; however, only ~15% of the patient population had sepsis at baseline⁸⁸. Similarly, the SALT-ED trial noted a significant decrease in MAKE₉₀ with the use of balanced crystalloids versus saline, but the study cohort comprised a heterogeneous population of patients receiving treatment in the emergency department⁸⁹.

Colloids of high molecular weight theoretically cause selective expansion of the intravascular space but this effect is impaired when vascular permeability is altered and the endothelial glycocalyx is damaged in inflammation. Supplemental albumin administration, as a preferred colloid over synthetic colloids, might be considered if substantial fluid replacement is required; however, to date, no data support its routine use for volume resuscitation in sepsis and data to inform a suggested cut-off value for crystalloid infusion above which albumin should be considered as part of resuscitation fluid are limited^{69,85,90,91}. According to the subgroup analyses of patients with severe sepsis or septic shock in the SAFE and ALBIOS trials, the administration of albumin, either as a primary resuscitation fluid or as a supplement to crystalloid resuscitation, might be associated with a lower mortality trend^{85,90}. However, these were post hoc analyses and must be interpreted with caution. We await the results of the ongoing ALBumIn Italian Outcome Septic Shock-BALANCED trial (ALBIOSS-BALANCED) to provide evidence as to whether albumin, as a primary or supplemental resuscitation fluid, improves outcomes in patients with septic shock⁹². Of note, the use of hydroxyethyl starch (HES) has been associated with increased mortality risk and other adverse outcomes compared with crystalloids, including the need for KRT in patients with severe sepsis; accordingly, the FDA has mandated changes to safety labelling in HES products and its use was suspended in the European Union⁹³. Hence, we recommend against the use of HES for fluid resuscitation in patients with SA-AKI. Similarly, compared with crystalloids or albumin, use of gelatin was associated with an increased risk of anaphylaxis, mortality, AKI and bleeding in a 2016 meta-analysis of 30 RCTs, 8 non-randomized studies and 22 animal studies⁹⁴. Dextrans have also been associated with anaphylaxis, coagulation disorders, osmotic nephrosis and AKI in observational studies^{95,96}. The BICAR-ICU study found that treatment with intravenous 4.2% sodium bicarbonate for severe metabolic acidemia (pH <7.20) and moderate-to-severe AKI in the ICU reduced the primary composite outcome (death from any cause by day 28 and the presence of at least one organ failure at day 7) and 28-day mortality⁹⁷. However, only ~60% of the trial population in each study arm had sepsis at the time of randomization, so the results cannot be fully extrapolated to patients with SA-AKI, particularly as these findings are specific to patients with severe acidemia in the presence of AKI.

Combination of adjunctive therapies with fluid management

Adjunctive therapies should be used to optimize haemodynamic status and enhance fluid management, and should be adjusted based on the clinical condition of the patient (Box 3). Vasoactive agents are also key to haemodynamic optimization, and their use should not be limited by the presence or absence of central venous access. If clinically required, peripheral use of vasoactive agents should be initiated with careful monitoring for extravasation. Norepinephrine remains the first-line vasopressor for sepsis and SA-AKI^{69,98}. The early use of vasopressors might have a volume-sparing effect. Conversely, diuretics have an essential role in the treatment of volume overload, potentially reducing mortality⁹⁹. In the FFAKI, REVERSE-AKI and RADAR-2 RCTs, forced fluid removal prevented and treated fluid overload effectively in critically ill patients^{82,100,101}. However, depending on the severity of AKI, significant increases in diuretic therapy dosage might be required to achieve a sufficient effect^{100,102}. Moreover, specific phenotypes of SA-AKI might benefit from specific vasopressors. A secondary analysis of the VASST trial²⁹ showed improved survival compared with norepinephrine in patients with a subphenotype of SA-AKI that was characterized by a low severity of disease and low levels of angiotensin 1, angiotensin 2 and IL-8. A posthoc analysis of the ATHOS-3 trial found that patients with vasodilatory shock and AKI requiring KRT had significantly greater 28-day survival with a higher mean arterial pressure response and a higher rate of KRT discontinuation when treated with intravenous

Box 4

Biomarkers for diagnosis and guiding treatment in SA-AKI

Consensus statement 4a

We suggest the complementary use of validated measures – including functional, stress and tissue damage-related biomarkers – be considered in combination with the consensus Kidney Disease Improving Global Outcomes (KDIGO) definition to diagnose sepsis-associated acute kidney injury (SA-AKI) (grade 2C).

Consensus statement 4b

We recommend that measures validated to predict an episode of AKI in patients with sepsis be used in combination with available clinical information (grade 1B).

Consensus statement 4c

We suggest that selected functional and stress- or injury-related biomarkers should be used for clinical assessment to identify and discriminate patients with sepsis at risk of transient or persistent SA-AKI. These biomarkers can also enhance the risk assessment of the severity, duration, trajectory of recovery and occurrence of non-renal outcomes in patients with established SA-AKI (grade 1B).

Consensus statement 4d

We suggest that sepsis biomarkers be used to complement functional and tubular injury-related biomarkers for the prognosis of early or late SA-AKI (grade 2C).

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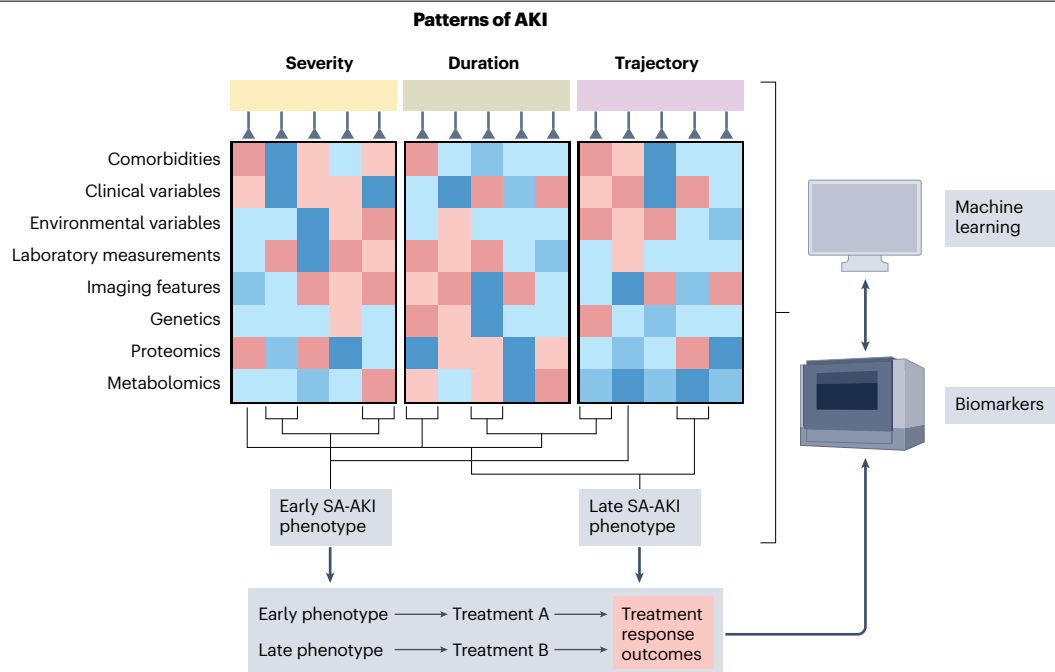


Fig. 2 | Phenotypes of SA-AKI. At the top are the characteristics of an individual's acute kidney injury (AKI) journey – severity, duration and trajectory. Each episode of AKI will have unique biological characteristics. In addition to pre-sepsis comorbidities, several tests will be performed, including standard laboratory measures, advanced biomarker assessment and genetic, proteomic and metabolic tests. When combining these tests with clinical and environmental factors,

distinct sepsis-associated AKI (SA-AKI) phenotypes will be characterized, each with its distinct course and response to treatment plans. In the near future, biomarkers and machine-learning algorithms might be used to characterize patients by phenotype and endotype more rapidly to optimize their care or expedite enrolment into clinical trials. Adapted from Maslove et al.¹⁹³, Springer Nature Limited.

angiotensin II compared with placebo¹⁰³. In the case of impaired cardiac function, inotropes should be considered to optimize oxygen delivery.

Research questions

1. What is the utility of haemodynamic monitoring in SA-AKI?
2. What is the role of the assessment of renal perfusion using ultrasound, measurement of intra-abdominal pressure and assessment of mean perfusion pressure in managing SA-AKI?
3. What is the effect of 0.9% saline versus balanced crystalloids on outcomes for patients with SA-AKI, particularly with regard to hyperchloraemia and hyper- and hyponatraemia in patients with SA-AKI?
4. Is there an indication for using albumin for fluid resuscitation in patients with SA-AKI?
5. What is the clinical utility of markers of glycocalyx damage during fluid therapy and their correlation with markers of kidney dysfunction?
6. Does the choice of vasopressor agent affect the course of SA-AKI?
7. What is the role of diuretics in treating fluid overload in SA-AKI?

Biomarkers for diagnosis and guiding treatment

Measures for SA-AKI prediction and diagnosis

The ADQI 23 Consensus Conference statement¹⁰⁴ proposed combining damage and functional biomarkers to increase the sensitivity of AKI definitions. For example, stage 1S ('subclinical AKI'), could be defined by biomarker-positive evidence of kidney injury that does not meet

the KDIGO criteria (that is, AKI stage 1 defined by creatinine and urine output criteria are not achieved). Data from the Protocolized Care for Early Septic Shock (ProCESS) cohort reported in 2022, demonstrate that, for a given stage of KDIGO-defined AKI, higher biomarker values (stages 1B, 2B and 3B) were associated with a higher risk of 30-day mortality than stages 1A, 2A and 3A¹⁰⁵. However, 30-day survival did not differ between biomarker-positive (stage 1S) and biomarker-negative cases in the absence of KDIGO AKI criteria.

Emerging data demonstrate that plasma proenkephalin (penKid) identifies patients with sepsis who are at an increased risk of developing KDIGO-defined functional AKI and MAKE; patients with stage 1S AKI (defined by plasma penKid increases) had higher 28-day mortality than those with KDIGO-defined functional AKI^{106,107}. Similarly, plasma cystatin C has been proposed as an alternative to serum creatinine as a functional marker of glomerular filtration rate changes to identify AKI in patients with critical illnesses, including those with SA-AKI¹⁰⁸. Whether these functional markers, which have shorter half-lives than serum creatinine, provide a swifter diagnosis of decreasing kidney function, can assist in appropriate drug dosing, and/or if other biological and analytical features improve the diagnosis and prognostication of AKI in sepsis, remains unclear^{109,110}. Functional biomarkers (for example, cystatin C and penKid) and damage or stress biomarkers (for example, neutrophil gelatinase-associated lipocalin (NGAL) and (TIMP2) × (IGFBP7)) predict SA-AKI with high accuracy^{104,106,111–115}. Additionally, several non-biochemical tools can forecast SA-AKI, including logistic or artificial intelligence-driven prediction models based on available clinical information^{116–119}. The clinical information used for

Consensus statement

Table 1 | Characteristics of biomarkers associated with AKI

Biomarkers	Sample type or application	Clinical utility
AKI stress marker^a		
(TIMP-2)·(IGFBP7)	Urine	FDA-approved and CE-marked for clinical use (≥21 and ≥18 years of age, respectively); test designed to predict the risk of developing stage 2–3 AKI within 12 h of assessment
AKI damage markers^a		
CCL14	Urine	CE-marked for clinical use (≥18 years of age); test designed to predict persistent stage 2–3 AKI
Dipstick albuminuria	Urine	Widely used as an initial screening tool for the evaluation of kidney disease because of its low cost, wide availability and ability to provide rapid point-of-care information
KIM-1	Urine	KIM-1 levels increase 12–24 h after tubular injury, peaking at 2–3 days ¹⁷⁴ ; FDA-approved and CE-marked for preclinical drug development
Low-molecular-weight proteins	Urine	Widely used to assess proximal tubule cell dysfunction ¹⁷⁵ ; α ₁ -microglobulin has been studied for the prediction of AKI-KRT ¹⁷⁶ , but validation is pending
L-type fatty acid-binding protein	Urine	Japanese MHLW-approved for clinical use (early diagnostic of kidney disease or predicting kidney prognosis) ¹⁷⁷
NGAL	Urine or serum	Levels peak 4–6 h after tubular injury; elevated in sepsis and inflammation ^{112,178} (thus, clinical use is limited in the ICU setting); commercially available NGAL assays can measure different molecular forms depending on their antibody combination; CE-marked (but not FDA-approved) for clinical use
Urine microscopy	Urine	Oldest and one of the most commonly used tests to differentiate kidney disease aetiology; prone to inter-observer variability ¹⁷⁹ ; a urine microscopy score based on the number of granular casts and/or kidney tubular epithelial cells per high-powered field ¹⁸⁰ has been proposed for sepsis-associated AKI ¹⁸⁰ but validation is pending
AKI functional markers^a		
SCr	Serum	AKI is currently defined and staged according to the changes in SCr and UO; SCr is the most commonly used biomarker of kidney function and assay available in all clinical laboratories; a point-of-care SCr has been proposed to allow more frequent (for, every 3–4 h) and rapid assessment of SCr ¹⁸¹
Cystatin C	Serum or urine	FDA-approved and CE-marked for clinical use for GFR estimation
penKID	Serum	CE-marked (but not FDA-approved) for clinical use (≥18 years of age)
Real-time GFR measurement	Injection	Clinical utility is currently unknown; FDA clearance to advance to human clinical studies since 2018
Furosemide stress test 2-h UO	Injection	Furosemide is the most frequently used diuretic in critically ill patients; clinical utility in AKI was recently validated in a heterogeneous cohort of critically ill adults admitted to the ICU ¹⁸²
Other AKI markers		
Intrarenal venous flow	Doppler ultrasound	Emerging non-invasive marker to assess renal congestion due to increased right-sided cardiac filling pressures, volume overload, and/or elevated intra-abdominal pressure ¹⁸³ ; prone to inter-observer variability
FeNa	Urine	Widely used to differentiate prerenal azotaemia from acute tubular necrosis; most utility in oliguric patients without CKD and not on diuretic therapy ¹⁸⁴
PERSEVERE-II	Clinical risk score	Model recently proposed to estimate the baseline risk of developing stage 2 or 3 AKI (SCr, KDIGO) on day 3 in patients with paediatric septic shock, when measured within 24 h of a septic shock diagnosis; might have limited applicability to the neonatal population, as the number of neonates in the study was small (2.4% of the total cohort); PERSEVERE-II biomarker assay might not be universally available; prospective validation is pending
Renal angina index	Clinical risk score	Score for the risk prediction of AKI or its persistence 3 days after admission validated in a heterogeneous cohort of critically ill children ¹¹⁴ ; calculated 12 h after admission to the ICU ¹⁸⁵ ; clinical variables used in risk score universally available
RRI	Doppler ultrasound	Routinely used to estimate and monitor vascular and renal parenchymal disease; prone to inter-observer variability

This table is not intended to be an exhaustive list of biomarkers but rather a compilation of currently available and described biomarkers in AKI. AKI, acute kidney injury; ATIII, antithrombin III; CE, Conformité Européenne (European Conformity); CCL14, C–C chemokine ligand 14; CKD, chronic kidney disease; FeNa, fractional excretion of sodium; GFR, glomerular filtration rate; ICU, intensive care unit; IGFBP7, insulin-like growth factor binding protein; KDIGO, Kidney Disease: Improving Global Outcomes; KIM-1, kidney injury molecule 1; KRT, kidney replacement therapy; MHLW, Ministry of Health, Labour and Welfare; NGAL, neutrophil gelatinase-associated lipocalin; penKID, proenkephalin A 119-159; PERSEVERE, Paediatric Sepsis Biomarker Risk Model; PICU, paediatric ICU; RRI, renal resistive index; SCr, serum creatinine; TIMP-2, tissue inhibitor of metalloproteinase-2; TNFR, tumour necrosis factor receptor; UO, urine output.

^aAKI biomarker class proposed by Ostermann et al.¹⁰⁴.

these models includes clinical and physiological data, volume assessment and other laboratory information. These forecasting models and biomarkers could be used in combination to assign patients with

SA-AKI to specific phenotypes and subphenotypes^{117,120,121} (Box 4). Several investigations have demonstrated the clinical potential for using biological, genetic and machine-learning multidimensional models for

Consensus statement

Table 2 | Characteristics of biomarkers associated with sepsis

Biomarkers	Sample type or application	Clinical utility
Actin	Urine	Urinary actin concentrations in patients with sepsis and high urinary actin levels seem to reflect the severity of AKI
Antithrombin III	Serum	Low ATIII is associated with poor outcomes
DNI	Serum	High DNI values are significantly associated with poor prognoses in inflammatory diseases
Galectin-3	Serum	Galectin-3 might be an upstream mediator of the 'cytokine storm' in sepsis and SA-AKI
Heparin-binding protein	Serum	In patients reaching AKI stages 0, 1, 2 and 3, median plasma HBP was 14 ng/ml (IQR 7–28 ng/ml), 19 ng/ml (IQR 9–37 ng/ml), 26 ng/ml (IQR 11–70 ng/ml) and 30 ng/ml (IQR 15–76 ng/ml), respectively ¹⁸⁶
IL-6	Serum	Elevated in SA-AKI
IL-8	Serum	Elevated in SA-AKI
Netrin-1	Urine	Elevated in SA-AKI
Osteopontin	Serum	Predictive of mortality in sepsis but not of the development of AKI
Osteoprotegerin	Serum	Progressive elevation in patients with sepsis, severe sepsis and SA-AKI
Presepsin	Serum	Increase in blood in the early stages of sepsis (~2h after bacterial infections); differentiates sepsis (400–600 pg/ml) from trauma, burn injury and major surgical operations, but its concentrations might be affected by alterations in kidney function ¹⁸⁷ ; can be removed from circulation using different KRT modalities, which could affect the interpretation of serum level values
Procalcitonin	Serum	A cutoff level of 52.59 ng/ml at admission predicted AKI incidence with sensitivity and specificity values of 50% and 84%, respectively ¹⁸⁸ ; questions remain about the value of procalcitonin in AKI prediction ¹⁸⁹
TNFR1 and TNFR2	Serum	TNFRs are affected by impaired kidney clearance following organ dysfunction in sepsis, but TNFR increases were observed even in patients with low serum creatinine, suggesting that impaired kidney clearance alone cannot explain the increase in TNFR ^{190,191}
sTREM-1	Urine	sTREM-1 is used for early sepsis identification, and estimation of its severity and prognosis; also used to predict SA-AKI ¹⁹²

This table is not intended to be an exhaustive list of biomarkers but rather a compilation of currently available and described biomarkers in sepsis. AKI, acute kidney injury; ATIII, antithrombin III; DNI, delta neutrophil index; HBP, heparin-binding protein; IQR, interquartile range; KRT, kidney replacement therapy; SA-AKI, sepsis-associated AKI; sTREM-1, soluble triggering receptor expressed on myeloid cells 1; TNFR, tumour necrosis factor receptor.

assessing AKI risk and improving outcomes^{29,118,119}. Further research is needed to distinguish SA-AKI from other AKI aetiologies using validated measures, including biomarkers, and to characterize and differentiate SA-AKI endotypes or sub-phenotypes (Fig. 2).

Measures for SA-AKI course and outcome prediction

The duration of AKI has gained relevance as an additional dimension in AKI phenotyping¹²², given that a pattern of persistent, non-resolving AKI is associated with poorer short-term²⁰ and long-term outcomes^{123–125} than transient AKI, regardless of disease severity. Early patient risk identification could aid the development of personalized in-hospital¹²⁶ and outpatient¹²⁷ care strategies to reduce AKI progression, the development of AKI-related complications and the risk of sequelae of SA-AKI, as well as enabling predictive enrichment in randomized trials of potential therapeutic targets. Various markers, including clinical risk scores, functional, stress- and injury-related biomarkers, and imaging tests, have been described in patients admitted to the ICU (Tables 1 and 2). Notably, many markers were tested in heterogeneous cohorts of critically ill patients; thus, their generalizability to patients with sepsis might require further investigation. Scoring systems (for example, the renal angina index) and imaging tests, such as the renal resistive index, can be considered complementary to direct AKI biomarker testing to optimize their use for the prediction of persistent AKI and other outcomes^{128,129} (Box 4).

Various sepsis-associated biomarkers have been evaluated to assess the prognosis of SA-AKI (Supplementary Table 2). However, the timing of SA-AKI diagnosis relative to the timing of biomarker

assessment is often highly variable, thus complicating the differentiation of early versus late SA-AKI and indeed, most sepsis-associated biomarker monitoring is anchored at the time of admission to the ICU. Of note, prognosis determination could be influenced by the introduction of a confounding variable after SA-AKI diagnosis but before the outcome measure. Many studies evaluating the association between biomarkers and AKI considered single or multiple biomarkers (Supplementary Table 3), but few directly compared or measured the additive impact of combining sepsis and kidney biomarkers to determine prognosis. Of note, AKI biomarkers predicting acute kidney disease (that is, 7 to 90 days post-insult) in patients with sepsis are less well-defined¹³⁰.

Research questions

1. Do kidney injury biomarkers add prognostic discrimination in patients with SA-AKI, and can they identify a high-risk IS subgroup in the absence of KDIGO-defined functional AKI (subclinical AKI)?
2. What is the impact of individual biomarkers on SA-AKI clinical trajectories, including severity, duration, recovery and non-kidney-related outcomes?
3. What are the best methods for integrating clinical information, identification of phenotypes and single or serial use of validated measures to predict clinical course and the likelihood of response to interventions?
4. What is the role of the measurement of sepsis and kidney markers for targeted intervention in different subphenotypes and endotypes of SA-AKI?

Consensus statement

Extracorporeal therapies for SA-AKI

Extracorporeal blood purification in SA-AKI

Extracorporeal blood purification (EBP) can be performed using various techniques (Supplementary Fig. 1); the most common techniques involve systems that are mainly employed for KRT with the aim of re-establishing homeostasis (Table 3). These techniques affect the molecular and electrolyte composition of blood directly, which might enable the correction, replacement and maintenance of homeostasis in multi-organ dysfunction through the control of acid–base, electrolyte and fluid balances. EBP techniques might also facilitate the control of immune dysregulation in sepsis by removing endotoxins, cytokines, pathogens and inflammatory factors^{131–135}. The selection of a specific EBP modality or combination of selected modalities should be based on the patient's needs (Table 3). Global practice is very heterogeneous owing to the lack of consensus guidelines and high-grade evidence, and the limited availability and approval of specific devices and therapies.

Accepted indications for commencing KRT to support kidney function during SA-AKI are consistent with those in place for other causes of AKI¹⁶. Although early KRT initiation for SA-AKI has been used for fluid and solute control and to prevent multi-organ dysfunction, no clear benefit has been demonstrated for earlier initiation¹³⁶. Of the latest RCTs focused on the timing of initiation of KRT in critically ill AKI patients^{137–139}, the IDEAL-ICU study¹⁴⁰ is the only one that focused on SA-AKI and demonstrated that earlier initiation of KRT had no significant survival benefit compared with 'standard' initiation, although a significant number of patients in the 'delayed' group were not treated with KRT, owing to spontaneous kidney recovery. Of note, a further

study on the initiation of KRT in SA-AKI is currently underway¹⁴¹. Initiation of KRT in both septic and non-septic conditions should be based on clinical assessment and goals of EBP for kidney support, not just on creatinine levels and oliguria⁶⁹. In patients with SA-AKI for whom KRT is indicated and with explicit clinical (for example, shock) and/or biological (for example, the detection of damage-associated molecular patterns and pathogen-associated molecular patterns) criteria are recognized, EBP for immunomodulatory support might be considered in combination with KRT, either concurrently (for example, hybrid treatments) or following KRT (Box 5). EBP for immunomodulatory support can be considered in patients with sepsis as a stand-alone treatment if kidney support is not required¹⁴². Despite the biological rationale for using EBP approaches in SA-AKI, namely their potential to limit the pathophysiology of organ damage, mitigate homeostatic derangements and prevent multi-organ dysfunction in sepsis, the lack of robust data precludes definitive recommendations with regard to its use in patients with sepsis or SA-AKI, including its timing in the clinical course of the disease.

Delivery and monitoring of extracorporeal blood purification therapies

For haemoadsorption therapies, anticoagulation is recommended, and the indications for venous access are similar to those of KRT¹⁴³. Haemoadsorption cartridges can be combined with the KRT circuit with variable blood flow rates^{144–146}. Initiation of haemoadsorption to remove endotoxins has been based on the result of the endotoxin activity assay, which compares the activation of neutrophils caused by endotoxin to the theoretical maximum response when

Table 3 | Characteristics of extracorporeal blood purification therapies available for sepsis and SA-AKI

Technology	Indication	Modality	Target of removal	Mass separation mechanism	Comments
PAES-PVP high-flux	KRT, hyperinflammation	HD, HFL, HDF	Fluids, electrolytes, middle molecules	Convection, diffusion	CRRT for kidney support
AN69-PEI-heparin	KRT, hyperinflammation, Gram-negative sepsis or endotoxaemia	HD, HF, HDF	Fluids, electrolytes, middle molecules, endotoxin	Adsorption, convection, diffusion	CRRT for kidney and immunomodulatory support
AN69-ST, PMMA	KRT, hyperinflammation	HD, HF, HDF	Fluids, electrolytes, middle molecules	Adsorption, convection, diffusion	CRRT for kidney and immunomodulatory support
PAES-PVP MCO and HCO	KRT, hyperinflammation	HD	Fluids, electrolytes, middle molecules	Diffusion	CRRT for kidney and immunomodulatory support
Plasmasulfone, polypropylene (for membrane plasmapheresis)	Hyperinflammation	Centrifugation or HF	Fluids, electrolytes, middle molecules, endotoxin	Convection (membrane); gravity sedimentation (centrifuge)	Immunomodulatory support
Heparin covalently bound to polyethylene	Viraemia, bacteraemia, fungaemia	Haemoadsorption	Bacteria, fungi, viruses	Adsorption	Selective immunomodulatory support
Porous polymer beads polystyrene divinylbenzene	Hyperinflammation	Haemopadsorption	Protein-bound compounds, middle molecules	Adsorption	Non-selective immunomodulatory support
PMX covalently bound to polypropylene-polystyrene fibre	Gram-negative sepsis or endotoxaemia	Haemoadsorption	Endotoxin	Adsorption	Selective immunomodulatory support

AN, acrylonitrile; CRRT, continuous renal replacement therapy; HCO, high cut-off; HD, haemodialysis; HDF, haemodiafiltration; HF, haemofiltration, HFL, high-flux; KRT, kidney replacement therapy; MCO, medium cut-off; PAES, poly(aryl ether sulfone); PEI, polyethylenimine; PMMA, poly(methyl methacrylate); PVP, polyvinylpyrrolidone.

Consensus statement

exogenous endotoxin is added to the blood sample^{147–151}. Polymyxin B haemoadsorption has been used in sepsis with variable results. When Polymyxin B haemoadsorption was applied for 2-h sessions for 2 consecutive days, it was found to be safe but without a survival benefit. However, a potential survival benefit was observed in patients with an endotoxin activity assay of 0.6–0.9 EAA units, indicative of a high but measurable endotoxin burden^{151–153}. These effects are being investigated in an ongoing trial (the TIGRIS trial, ClinicalTrials.gov Identifier: [NCT03901807](https://clinicaltrials.gov/ct2/show/study/NCT03901807)).

New synthetic polymeric resins enable highly biocompatible haemoadsorption designed for the non-specific adsorption of damage-associated molecular patterns and other mediators. The rationale for their use is based on the peak concentration hypothesis, which postulates that haemoadsorption might enable removal of the solutes with the highest concentration in blood (either pro- or anti-inflammatory mediators), helping to restore immunohomeostasis by mitigating the uncontrolled response of the innate and/or the adaptive immunity of the patient^{154,155}. Additional research on clinical benefits is warranted. Notably, the unselective nature of such EBP interventions might result in unrecognized losses of electrolytes, nutrients and drugs. As significant losses of amino acids and several micronutrients, such as vitamins B1 and C, copper and selenium can occur, careful monitoring in prolonged KRT should be considered¹⁵⁶. Importantly, discrepancies exist in the observed and predicted removal of antimicrobials with haemoadsorption in critically ill patients^{157–163}. In patients undergoing continuous KRT, antimicrobial clearance depends on the effluent fluid rate and therapeutic drug monitoring should therefore be considered where available¹⁵⁷. The identification of subphenotypes of patients and the delivery of EBP should be assessed and supported by a multidisciplinary team of trained personnel to improve patient selection and safety¹⁶⁴. Optimal

EBP delivery demands timely communication between stakeholders, iterative adjustment of therapy and quality assurance systems^{165,166}. Patient selection, timing, duration and appropriate primary clinical endpoints are crucial elements for well-conducted clinical studies in this area. Moreover, given the phenotypic variability of SA-AKI, one extracorporeal therapy might be effective in a specific phenotype, while having no effect, or even causing harm, in others. Investigators should refrain from choosing mortality as the primary end point because of the well-known variation in mortality across centres, sepsis and AKI phenotypes¹⁶⁷. RCTs examining the effects of EBP, in which patient heterogeneity is reduced through specific inclusion criteria with clinically relevant endpoints, including haemodynamic and organ improvement, as well as ICU stay rather than only mortality, should be performed.

Research questions

1. How do the EBP therapies affect the pathophysiology of SA-AKI?
2. In which subgroup of patients, and when in the clinical course of the disease, might EBP therapies be beneficial?
3. Are EBP therapies safe, efficacious and cost-effective?
4. What meaningful target molecules can guide EBP therapy, and can their kinetics be employed to assess response to treatment?
5. What is the effect of EBP therapies on other organ systems during sepsis?

SA-AKI: the paediatric perspective

This Consensus statement has thus far been based on a systematic review of the literature as it pertains to adult medicine, especially with the use of Sepsis-3 as the definition of sepsis in adult patients. Although there is undoubtedly much overlap in the pathophysiology of SA-AKI throughout the lifespan, neonates and children do merit particular

Box 5

Extracorporeal and novel therapies for SA-AKI

Consensus statement 5a

Extracorporeal blood purification (EBP) techniques can be used to remove pathogens, microbial toxins, inflammatory mediators and toxic metabolites from the blood as well as replenish solutes (grade 1A).

Consensus statement 5b

Kidney replacement therapy provides organ support through solute control, blood detoxification, and fluid balance via diffusion, convection and adsorption. Peritoneal dialysis can be used for kidney support when extracorporeal techniques are unavailable (grade 1A).

Consensus statement 5c

Emergent indications for initiating kidney replacement therapy do not differ between SA-AKI and other types of acute kidney injury (grade 1A).

Consensus statement 5d

Initiation of EBP in sepsis might be considered for immunomodulatory support in patients who meet explicit and timely clinical and/or

biological criteria, such as high concentrations of damage-associated molecular patterns and pathogen-associated molecular patterns, as well as other targets of systemic inflammation (not graded).

Consensus statement 5e

Optimal delivery of extracorporeal therapies is determined by factors such as timely and safe initiation, treatment duration, appropriate vascular access placement and maintenance, individualized patient dose, safe and effective anticoagulation protocols, appropriate adjustments of medications (for example, antimicrobials or vasopressors) and nutrients, and a dynamic prescription of fluid removal (not graded).

Consensus statement 5f

Safe and effective therapy requires objective indicators of treatment response, which must be evaluated throughout the therapy course with a focus on patient-centred care goals (grade 1B).

Box 6

SA-AKI in paediatric patients

Consensus statement 6a

Development, as a biological variable, might affect the pathophysiology and management of SA-AKI across the lifespan (not graded).

Consensus statement 6b

Neonates and children merit consideration and inclusion in SA-AKI research (not graded).

attention. SA-AKI is a common cause of AKI in critically ill children¹⁶⁸ but the definition of SA-AKI in paediatrics is currently limited by the reliance on adult sepsis criteria. The 26th ADQI recently published consensus recommendations for the advancement in paediatric AKI with particular attention to the role of development as a biological variable that modulates the development of and recovery from AKI¹⁶⁹. AKI prediction in paediatric patients continues to progress. The renal angina index has been modified for paediatric patients with sepsis and shown to reliably predict SA-AKI, particularly when platelet count is incorporated within the scoring system¹⁷⁰. Another study demonstrated the use of prognostic biomarkers for diagnostic and predictive enrichment in paediatric SA-AKI¹⁷¹. However, notable differences remain between current recommendations of management of SA-AKI for adult and paediatric patients, particularly with regard to fluid management and the type of fluid, with a preference for the use of balanced crystalloids in children. The aforementioned fluid recommendations in this manuscript apply to adults specifically¹⁷². Of note, a 2021 study reported the inclusion of paediatric populations in the study of EBP therapies to treat SA-AKI via a selective cytopheretic device¹⁷³. Future work should align paediatric-specific sepsis definitions with SA-AKI management and research agendas (Box 6). A Society of Critical Care Medicine (SCCM) task force is currently working to streamline a definition of paediatric sepsis, but, for now, a precise definition of paediatric SA-AKI remains unavailable.

Research questions

1. How should SA-AKI be defined in the paediatric population?
2. Are there differences in the pathophysiology of SA-AKI across the lifespan?
3. How can the proposed research agenda incorporate the concept of development as a biological variable in the diagnosis and management of SA-AKI?

Conclusions

The presence of AKI in patients with sepsis is common and SA-AKI is best defined by both consensus sepsis criteria and AKI criteria, with early SA-AKI occurring within 48 h of diagnosis of sepsis and late SA-AKI occurring between 48 h and 7 days of diagnosis of sepsis. Multiple mechanisms can contribute to the development of SA-AKI and their relative contributions might define distinct SA-AKI endotypes. These endotypes might be identified through the use of biomarkers, including functional, stress and tissue damage-related biomarkers, as well as

clinical information. Prognostic information should help to determine treatment, which should follow currently accepted guidelines, but the use of specific therapies might be influenced by the endotype. For example, the SA-AKI endotype might affect the choice of vasopressor or dictate whether EBP techniques might be used for immunomodulatory support in patients who meet explicit criteria.

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Author contributions

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